

(Chef BD)



Let's make SOFT PRETZELS!

1 package refrigerated Pizza Dough (From Grocery Store)

1 beaten egg + 1 tablespoon water

Choose your sprinkle: sesame seeds, coarse sea salt, cinnamon sugar Your also need: Wax paper, pastry brush, baking sheet, cooking spray, tablespoon of flour

- 1. Preheat oven to 350 degrees. Lightly grease baking sheet. Lay out a generous sheet of wax paper on counter and sprinkle with flour.
- 2. Roll out dough into a rectangle. Cut rectangle into 1-inch wide strips.
- 3. Roll strips into fat snakes—be gentle. Shape into pretzel shape on baking sheet—pinching ends so they don't separate. Space pretzels about an inch apart.
- 4. Stir together egg and water. Brush pretzels with the egg mixture. Sprinkle with topping of choice.
- 5. Place baking sheet in oven for 15 minutes, or until golden brown. Serve warm! Enjoy!